

USA vs. Canada Junior Dual Meet

East Boston Memorial Park

August 14, 2011

10 KILOMETERS ON A 1054.54 METER PATH (9 LAPS + 509 METERS EXACTLY)

meters	509	1564	2618	3673	4727	5782	6836	7891	8946	10000
LAPS TO GO:	9	8	7	6	5	4	3	2	1	0
ATHLETE LAPS DONE:	partial	1	2	3	4	5	6	7	8	9

DATE:_____ EVENT NO._____ LAP COUNTER NAME_____ CERT. NO. _____

Note: 10 kilometers = 32,808.40 feet = 6.21 miles =10,936.13 yards = 6 miles, 376 yards, 4.8 inches

Be sure to write your athletes hip number, bib number, uniform color & other identification information in the spaces under athlete. Also, try to get a good look at your athlete before the race starts.

FORM DESIGNED BY: JUSTIN KUO & JIM HANLEY, POB 1905, BROOKLINE MA 02445

USA vs. Canada Junior Dual Meet

East Boston Memorial Park

August 14, 2011

5 KILOMETERS ON A 1054.54 METER PATH (4 LAPS + 782 METERS EXACTLY)

meters	782	1836	2891	3946	5000
LAPS TO GO:	4	3	2	1	0
ATHLETE LAPS DONE:	partial	1	2	3	4

DATE:_____ EVENT NO._____ LAP COUNTER NAME_____ CERT. NO. _____

Note: 5 kilometers = 16,404.20 feet = 3.11 miles = 5,468.07 yards = 3 miles, 188 yards, 2.4 inches

Be sure to write your athletes hip number, bib number, uniform color & other identification information in the spaces under athlete. Also, try to get a good look at your athlete before the race starts.

FORM DESIGNED BY: JUSTIN KUO & JIM HANLEY, POB 1905, BROOKLINE MA 02445

USA vs. Canada Junior Dual Meet
 East Boston Memorial Park
 August 14, 2011

3 KILOMETERS ON A 1054.54 METER PATH (2 LAPS + 891 METERS EXACTLY)

meters	810	1946	3000
LAPS TO GO:	4	3	2
ATHLETE LAPS DONE:	partial	1	2

DATE:_____ EVENT NO._____ LAP COUNTER NAME_____ CERT. NO. _____

Be sure to write your athletes hip number, bib number, uniform color & other identification information in the spaces under athlete. Also, try to get a good look at your athlete before the race starts.

FORM DESIGNED BY: JUSTIN KUO & JIM HANLEY, POB 1905, BROOKLINE MA 02445

USA vs. Canada Junior Dual Meet

East Boston Memorial Park

August 14, 2011

2 KILOMETERS ON A 1054.54 METER PATH (1 LAP + 946 METERS EXACTLY)

meters	946	2000
LAPS TO GO:	1	0
ATHLETE LAPS DONE:	partial	1

DATE:_____ EVENT NO._____ LAP COUNTER NAME_____ CERT. NO. _____

Be sure to write your athletes hip number, bib number, uniform color & other identification information in the spaces under athlete. Also, try to get a good look at your athlete before the race starts.

FORM DESIGNED BY: JUSTIN KUO & JIM HANLEY, POB 1905, BROOKLINE MA 02445