



The 2019 TOM KNATT ONE MILE WALK
and USATF-NE INDOOR ONE MILE
RACE WALK CHAMPIONSHIP

SATURDAY, DECEMBER 14, 2019 11:00 a.m.

Johnson Athletic Center, M.I.T., Cambridge MA

PRESENTED BY USATF – NEW ENGLAND IN COOPERATION WITH THE NEW ENGLAND WALKERS

ELIGIBILITY: Open to all ages. Event is sanctioned by USA Track & Field

SCHEDULE: Check in by 10:45 a.m. at the timer’s table. Race at 11:00 a.m.

The race is held with the support of M.I.T. Track & Field as part of the Alumni meet. Be cautious during warm-ups and yield to M.I.T. athletes

ENTRY FEE: There is no entry fee. USATF membership is available online.
Joining after November 1 will be good through 2020

AWARDS: USATF-NE Championship Medals to top three USATF male and female finishers
Other various awards per the whim of the race director

ENTRY PROCEDURE: Please send an email with your intent to compete to office@usatfne.org
Bring the completed signed entry form to the meet.

As the event will have a wide range of abilities, please be prepared to supply your own lap counter

MORE INFORMATION or QUESTIONS – office@usatfne.org / 617-566 -7600

Name: _____ Date of birth _____

Address: _____ 2019 or 2020 USATF membership number? _____

City/Town: _____ Phone: _____

State: _____ Zip Code: _____ Best recent Mile Walk Time _____

Email: _____ School or Club _____

WAIVER OF LIABILITY AND ASSUMPTION OF RISK: I understand that track and field is a strenuous and potentially dangerous event. I voluntarily agree to participate in the 2019 USATF-NE One Mile Race Walk Championship and knowingly assume any and all risk of loss, damage to my person or property, injury (including death), both foreseen and unforeseen, of my attendance at and participation in the event., from any cause whatsoever, including the fault or negligence of Releases (as defined below). I, for myself, my heirs, personal representatives and assigns do hereby release, waive, discharge and covenant not to sue USA Track & Field, Inc., USA Track & Field - New England Association, the Massachusetts Institute of Technology, the New England Walkers, Event Sponsors, their respective officers, directors, employees and volunteers (collectively "Releasers") from all liability, loss, claims, demands, possible causes of action, court costs, settlement costs and fees, attorneys fees, and any other expenses arising from any claim or lawsuit that may arise from any loss, damage or injury (including death) to me or my property resulting from or arising in connection with, or related to, my attendance at or participation in the 2019 USATF-NE One Mile Race Walk Championship. In the event that I am injured, I hereby consent to the provision of necessary and appropriate emergency medical treatment.

Signature of Participant if 18 years old or older: _____ Date: _____

(Signature of Parent or Guardian if participant is under the age of 18 is absolutely required)

No entrant may participate unless a properly filled out entry and signed Waiver of Liability and Assumption of Risk is signed!

(Entry Form Version October 15, 2019)